



One4Another is a charitable organization founded in 2012 by siblings Wendy Hayhoe and Glenn Pascoe from Kitchener. Our mission is to alleviate suffering and give hope to the children of Uganda by providing life-altering surgeries for children who would never be able to afford it without outside help.

When our kids in Canada get sick we take them to the hospital and expect them to receive treatment. Many moms and dads around the world are not as fortunate and would do anything to get help for their child.

Many children in Uganda grow up with debilitating conditions which lead to a lifetime of suffering and exclusion from their communities. A simple surgery that costs on average around \$400 can significantly shift the path of a child's life from one of perpetual poverty to a life with the hope of education and eventually the ability to provide for one's family.

Your participation in Run4Another will help change a child's life in Uganda! Thank you for being involved!

We are thankful to the many local companies and individuals who have generously donated to make this *Run4Another* event possible!

www.o4a.ca

Charitable Registration # 82809 5737 RR0001

One4Another
c/o Glenn Pascoe
103 Ramsay Ave.
Cambridge, ON N3C 2M4



2016 Fun Run/Walk

10km, 5km and 2.5km

Saturday May 14, 2016

9:45 AM

Bechtel Park, Waterloo, ON



Serving Children with Surgical Needs in Uganda



You will be helping children like Shahadi have a chance to live without the suffering of a debilitating condition.

The surgeries and rehabilitations are being coordinated by our Ugandan nurses who work for us in the town of Jinja. The surgeries are performed at local clinics by Ugandan surgeons.

In 2015 we facilitated life altering surgeries for 107 kids in Uganda.

For more information about **One4Another** and what we are doing in Uganda, check out our website www.one4anotherintl.ca

E-mail Glenn: gpascoe@one4anotherintl.ca



REGISTRATION

- ***Online:** Registrations, Pledges, & Donations can be done at: www.o4a.ca/run4another
- ***Mail:** Send payment and registration to 103 Ramsay Ave., Cambridge, ON N3C 2M4. Mail in registrations will be accepted until Tues, May 10, 2016.
- ***Race Day:** Registration can be made on race day at Bechtel Park between 8:30-9:30am.
- ***Tax Receipts:** Donations of \$25 or more are eligible provided we get the name and address of the donor. Reg. fee is not receiptable.

First Name *	
Last Name *	
Address *	
City *	
Postal Code *	
Phone *	
Email *	

Individual / Family Name (s)	Age	Distance		
		2.5 K (\$30)	5 K (\$35)	10 K (\$40)
Subtotal: (Max family reg fee is \$100)				
Add Donation:		\$		
Total \$ Included:		\$		

ABOUT THE RACE:

- **Date:** Saturday, May 14, 2016 – 9:45 AM
- **Location:** Bechtel Park, Waterloo, ON
- **Distances & Fees:** Based on Individual or family pricing
Individuals: 2.5km = \$30, 5km = \$35, 10km = \$40
Family Rates: Max fee for families (any distance) = \$100
Team Rates: inquire with Glenn (contact info below)
Registration fees are refunded for individuals who bring in pledges over \$250 and **families** that bring in \$350.
- **Early Bird Discount:** Save \$5 when you register before April 14.
- **Age Categories:** Child (12 and under), Youth (13-17) & Adult
- **Race Start Time:** 9:45 AM (will stagger start)
- **Bib Pick-Up:** Bibs can be picked up at Bechtel Park on Sat. May 14th between 8:30AM – 9:30AM
- **The Course:** click on the **Run4Another Page** on our website to see and print off the course map
- **Event Contact:** Glenn Pascoe 519-220-1397 gpascoe@one4anotherintl.ca
- Each KM of the course will be marked
- Washrooms, water stations, and first aid are available
- This run/walk is uncertified (no chips)
- Refreshments & music after the race and African merchandise for sale
- O4A Medals will be awarded to all participants
- Donations can be made online at: www.o4a.ca
- Prizes for the top 3 fundraisers
- **Pledge forms can be printed off our website**

Money that you collect in pledges will give a child a new chance at life! Go for it!